Trekking Itinerary

ABC - Annapurna Base Camp, Poon Hill Trek 9 Nights 10 Days

Date	Departure Time	Program First	Program Second	Program Third
1st day	7:30, after Breakfast	Drive to Nayapul 1:30 hr.	Trek to Ulleri, 5-6hr.	Stay overnight in Ulleri 1930m
2nd day	7:30, after Breakfast	Trek to Ghorepani 5-6 Hr.		Stay overnight in Ghorepani, 2750m
3rd Day	5:30,	Trek to Poonhill, 1 Hr	Trek to Tadapani 5 hr.	Stay overnight in Tadapani 2630m
4th Day	5:30, after Breakfast	Trek to Chomrong,4-5 hr.	Trek to Sinuwa 2 hr.	Stay overnight Sinuwa 2170m
5th day	7:30, after Breakfast	Trek to Dovan 5 hr.		Stay overnight In Dovan 2600m.
6th Day	7:30, after Breakfast	Trek to Deurali 5 hr.		Stay overnight in Deurali 3200m
7th day	7:30, after Breakfast	Trek To ABC 5-6 Hr.	Visit Around Abc	Stay overnight in ABC 4130m
8th day	7:30, after Breakfast	Trek to Dovan 5-6hr.	.	Stay overnight in Bamboo 2305m
9th Day	7:30, after Breakfast	Trek to Chomrong 5-6hr.	Visit Hot Pring	Stay overnight Ghinu 1760m
10th Day	7:30, after Breakfast	Trek to Nayapaul	Drive to Pokhara	

Important things to carry: Down Jackets (wind and water proof). Sunglasses and cream, 3 to 4 pair of socks, T-shirt & Tougher, Trekking Sticks, some chocolates bar & cookies , Raincoat etc.

Including in package:-

1. Guide & porter
2. All Permits
3. Three times food
4. Transportation
5. Accommodation

Excluding in Package:-

1. Bar bill
2. Tips for Guide and porter
3. Donations(if needed)
4. Trekking Equipments
5. Flight tickets if need